



SALEM SOWDESWARI COLLEGE (FOR WOMEN)

SALEM - 636010

STUDENTS' WELFARE COMMITTEE 2024-2025

COMMITTEE MEMBERS:

Dr. T.Poongodi	-	Chairman
Mrs.S.Valarmathi	-	Coordinator
Dr. C. Kavitha	-	Member
Dr.D.Selvapandian	-	Member
Dr. A.Vanitha	-	Member
Mrs.V.Gayathri	-	Member
SFCW		
Mr. S. Kumar	-	Overall Incharge

MAINTAINING REPORT :

Dr. C. Kavitha

Dr.D.Selvapandian

STUDENT COMMITTEE MEMBERS

K.Praveena	I B.Com 'B'
B.Pooja	II B.Com 'B'
J. Mahalakshmi	I-M.Com (Commerce)
K. Janani	I B.Com(CS)
M. Sivaranjini	II B.Com(CS)
S. Subadharshini	I BA (Economics)
B.Dharshini	II BA (Economics)
V.Gayathri	I BA English
J.Shanmugapriya	II BA English
P.Gokila	II B.Sc (Physics)
T.Krithika	III B.Sc (Physics)
L.Bhavana	I B.Sc (Chemistry)
S. Poonkuzhali	II B.Sc (Chemistry)
M.Jananni	I B.Sc (Statistics)
P.Keerthana	II B.Sc (Statistics)
S.Santhiya	II-M.Sc (Statistics)



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STUDENTS' WELFARE COMMITTEE 2024-2025

Objectives:

- Act as an interface between students and administration, taking suggestions of students through drop boxes in college and on college websites.
- Develop strong student teacher relationships by implementation of mentor mentee programmes and help the students with psychological issues to achieve reconciliation with the self and others.
- General hygiene in the campus, Canteen and food hygiene, Building maintenance and hygiene, Checking drinking water.
- To arrange special meetings with parents who fail to attend class, low performance in class.



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STUDENTS' WELFARE COMMITTEE 2024-2025

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STUDENTS' WELFARE COMMITTEE 2024-2025

Event No. 1: MEETING WITH THE STUDENTS MEMBERS

Date: 10.09.2024

The meeting of students welfare and students grievance redressal cell was held on 10.09.2024 at seminar hall.

The meeting of Class Representatives of all classes was present as a member of the Student Council. Co-ordinator Ms. S. Valarmathi Assistant Professor of Chemistry and staff members - Dr. C.Kavitha., & Dr. A.Vanitha Assistant Professor of Commerce, Dr. D.Selvapandian - Physical Director, Mrs.V.Gayathri - Assistant Professor of English were also present.

In this session, The Co-ordinator Mrs. S. Valarmathi has given guidance to members of the student council on how to work in this committee & exactly what is the work of members. Mrs. S. Valarmathi shared her views with the members of Student Council, which will definitely benefit members. She also said that this committee should work for the welfare of both college as well as students.

Members of the committee also shared their views to the students and made clear about the role and responsibilities of students in the committee.



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Event No. 2: INTRA COLLEGE COMPETITION ON “IMPACT OF STUDENTS SUPPORT SERVICE ON ACADEMIC SUCCESS”

Date : 30.09.2024

An Inter -College Competition on “**Impact of students support service on academic success**”. was jointly organized by the Students Welfare Committee, Students Grievance Cell and Unnat Bharat Abhiyan Cell on 30th September 2024, from 10:00 A.M to 01:00 P.M.

The session was graced by the presence of Dr. T. Poongodi, Principal of Salem Sowdeswari College (Women), Salem. The Committee coordinator Ms. S. Valarmathi guided students to actively participate in the competition.

The result was declared by judges with certificates to winners. The winners are as follows:

WIN NER	DRAWING	SPEECH	ESSAY
1	Hemasri.S - III B.Com A	Ponmani.N - I B.Sc Chemistry	Abinaya.S III B.Sc Chemistry
2	Goipka. R.P - I B.Sc CS	Suga Priyadharshini .S II B.Sc (CS)	Sathya.M III BA Tamil
3	Gowri .P. - I B.A Eco	Megavarshini - III B.Sc Chemistry	Karthika.G III B.Com CS

The session received enthusiastic participation from around 75 Participants



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INVITATION

 **SALEM SOWDESWARI COLLEGE
(FOR WOMEN), SALEM -10** 

**Student welfare committee ,
Student Grievance Redressal Cell &
Unnat Bharat Abhiyan**

Jointly Organizing
Intra-College Competition On "The Impact Of
Student Support Services On Academic Success"

Date: 30.09.2024 @ 10.30 AM, Venue: Seminar Hall

Presided by
Shri. J. K. A. KUMARA RAJAH
Correspondent & Secretary

Inaugurated by
Dr T. POONGODI, Principal I/c
Mr. S. KUMAR, Faculty in-charge (SFCW)

 **Felicitation by**
Mrs. S. VALARMATHI
Assistant Professor of Chemistry
**Coordinator, Student welfare committee &
Student Grievance Redressal Cell** 

Committee Members

Dr. C. Kavitha, Asst. Professor of Commerce & UBA Coordinator
Dr A. Vanitha, Assistant Professor of Commerce
Mrs.V. Gayathri, Assistant Professor of English
Dr. D.Selvapandian. Director of Physical Education
Mr. M. Murugan, Assistant Professor of Biotechnology (SFCW)



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STUDENTS' WELFARE COMMITTEE 2024-2025

CIRCULAR

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SALEM SOWDESWARI COLLEGE, SALEM - 636010.
Government Aided Institution & Accredited with 'B' Grade by NAAC
Affiliated to Periyar University, Salem

Dr. T. POONGODI
Principal In - Charge

நாள்: 20.09.2024

கற்றறிக்கை

மாணவர்களிடம் அறிவுத் திறனை மேம்படுத்தும் விதமாக நமது கல்லூரியில் மாணவர் நலக் குழு (Student welfare committee), மாணவர் குறைத்தீர்ப்பு மையம் (Student grievance Redressal cell) மற்றும் Unnat Bharat Abhyan சார்பாக பல்வேறு போட்டிகள், 30.09.2024 திங்கட்கிழமை அன்று 10.30 மணியளவில் நமது கல்லூரி கருத்தரங்கில் பின்வரும் தலைப்புகளில் நடைபெற உள்ளன.

போட்டிகள்

- 1) **கட்டுரைப் போட்டி:**
தலைப்பு - Integrating online resources with modern education
நவீன கல்வியுடன் நிகழ்நிலை வளங்களை ஒருங்கிணைத்தல்.
- 2) **பேச்சுப் போட்டி:**
தலைப்பு - Challenges faced by Today's youth.
இன்றைய இளைஞர்கள் எதிர்கொள்ளும் சவால்கள்
- 3) **ஒவியப் போட்டி:**
தலைப்பு - Impact of Earth Pollution
புவி மாசுபாட்டின் தாக்கம்

இப்போட்டிகளில் பங்கேற்க விருப்பம் உள்ள இளநிலை மற்றும் முதநிலை மாணவியர்கள் தங்களது பெயரை கீழ்க்கண்ட உதவிப்பேராசிரியர்களிடம் 25.09.2024-க்குள் தங்களது பெயரை பதிவு செய்து கொள்ளுமாறு கேட்டுக்கொள்ளப்படுகிறார்கள்.

பேச்சுப் போட்டி:
முனைவர்.C.கவிதா - உதவிப்பேராசிரியர் வணிகவியல் துறை

கட்டுரைப் போட்டி:
முனைவர்.A.வனிதா - உதவிப்பேராசிரியர் வணிகவியல் துறை

ஒவியப் போட்டி:
திருமதி.V.காயத்ரி - உதவிப்பேராசிரியர் ஆங்கிலத் துறை

பெறுதல்:

- 1) அனைத்து வகுப்புகளுக்கும் - கற்றறிக்கையாக
- 2) மாணவியர் அறிவிப்பு பலகை

முதல்வர் - பொறுப்பு



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NAME LIST FOR SPEECH COMPETITION

Topic: Challenges Faced by Today's Youth

S.No	Name	Class
1	Sabarimala J	I- B.Com B
2.	Ponmani N	I – B.Sc (Che)
3.	Kanimozhi A	II-B.Com A
4.	Akilandeshwari P	II-BA (Eco)
5.	Vaitheeswari S	II-BA (Eco)
6.	Saraswathi M	II - BA(ENG)
7.	Shalini S	II – B.Sc (Che)
8.	Magavarshini A	III– B.Sc (Che)
9.	Furhien Rizwana F	III– B.Sc (Che)
10.	Bhuvaneshwari M	I-M.Com
11.	Poorani	I-M.Com
12	Sruthi M	SF(Commerce)
13	Devatharshini M	SF(Commerce)



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STUDENTS' WELFARE COMMITTEE 2024-2025

NAME LIST FOR DRAWING COMPETITION

Topic: Impact of Earth Pollution

S.No	Name	Class
1	Subishkka R	I B.Sc (phy)
2	Bhavanthi L	I B.Sc (phy)
3	Sandhiya M	I B.Sc (phy)
4	Priyadharshini P	I B.Sc (phy)
5	Gowri P	I BA (Eco)
6	Hemalatha M	I BA (Eco)
7	Deepika A	I BA (Eco)
8	Manju	I B.Com (CS)
9	Mathi	I B.Com (CS)
10	Kaviya S	I B.Com A
11	Juhi Fathima A	I M.Com
12	Swetha S	I M.Com
13	Nandhini K	I M.Com
14	Ilakkiya S	I M.Com
15	Swetha S	I M.Com
16	Bhuvaneshwari R	II BA (Eng)
17	Dharshanaselvi M	II BA (Eng)
18	Sowmiya S	II BA (Eng)
19	Meenatchi G	II BA (Eng)
20	Sandhiya G	II B.Com B
21	Vijayasri S	II B.Com B
22	Indumathi	II BA(Eng)
23	Kokilapriya G	III B.Com A
24	Hemasri S	III B.Com A
25	Keerthika S	III B.Com A
26	Mohanapriya M	III B.Com (Cs)
27	Jothika B	III B.Sc (phy)
28	Krishnapriya A	III B.Sc (phy)
29	Sathiyapriya S	II B.Sc (Che)
30	Dharshini S	II B.Sc (Che)
31	Pradeepa Shree	I B.Sc (Che)
32	Sivasakthi Shree M	SF(Commerce)



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33	Prithiksha S	SF(Commerce)
34	Sanjana Shree T	SF(Commerce)

NAME LIST FOR ESSAY COMPETITION

Topic: Integrating Online Resources with Modern Education

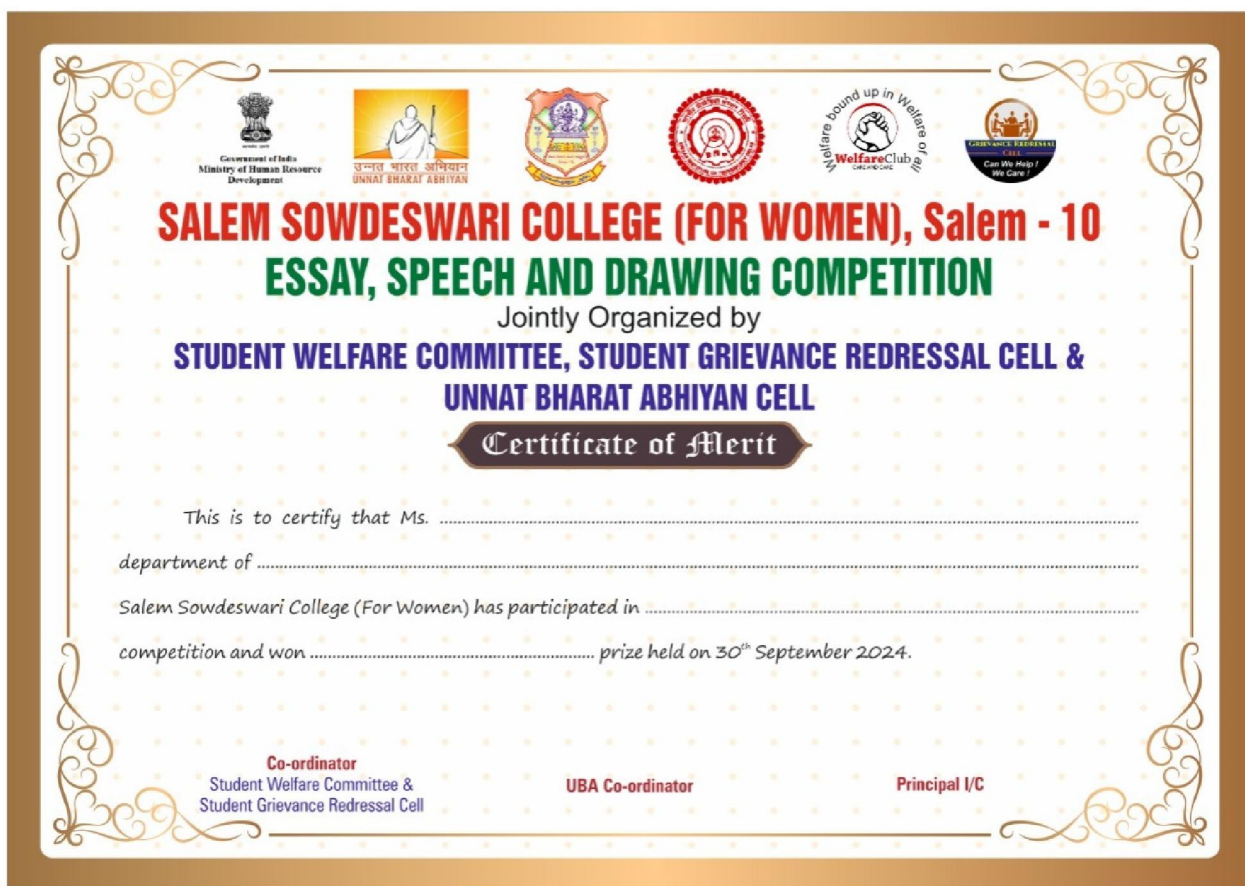
S.No	Name	Class
1	Shree Dharshini G	I B.Com B
2	Sandhiya S	I B.Com B
3	Lavanya S	I B.Com A
4	Mathumitha D	I BA(Eng)
5	Poovizhi	I BA(Eng)
6	Thiryalini K	I BA(Eng)
7	Mehana P	I B.Sc
8	Tamilselvi P	I B.Sc
9	Sivaranjini R	I B.Sc
10	Dharshini S	I B.Sc
11	Janaranjini S	I B.Sc
12	Sandhiya M	I B.Sc
13	Sasitha R	I B.Sc (Phy)
14	Kalaiaarasi M	II BA (Eco)
15	Vigneshwari V	II B.Sc (Che)
16	Sivaranjini S	II B.Sc (Che)
17	Saranya R	III BA (Eng)
18	Arifa K	III B.Com A
19	Aishwaryalakshmi K P	III B.Com A
20	Karthika G	III B.Com (CS)
21	Elavarasi	III B.Com (CS)
22	Abinaya S	III B.Sc (Che)
23	Megavarshini A	III B. Sc(Che)
24	Furhien Rizwanaa F	III B. Sc(Che)
25	Shruthi M	



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STUDENTS' WELFARE COMMITTEE 2024-2025

Event No. 3: AN AWARENESS PROGRAMME ON “ BEYOND BOOKS: MANAGING MENTAL HEALTH IN COLLEGE LIFE”

DATE: 13.02.2025

INVITATION

SALEM SOWDESWARI COLLEGE
(FOR WOMEN), SALEM-10

STUDENT WELFARE COMMITTEE,
STUDENT GRIEVANCE REDRESSAL CELL &
UNNAT BHARAT ABHIYAN
JOINTLY ORGANIZING

AN AWARENESS PROGRAMME ON
“Beyond Books: Managing Mental Health in College Life”

Date: 13.02.2025 @ 11.00 AM, Venue: Seminar Hall

Resource person
VIYANI VIDYA LEORAJ
Psychiatric counsellor, Kauvery Hospital, Salem

presided by
Shri. J. K. A. KUMARA RAJAH
CORRESPONDENT & SECRETARY

Inaugurated by
Dr. T. POONGODI, Principal I/C
Mr. S. KUMAR, Faculty in-charge (SFCW)

Felicitations by
Mrs. S. VALARMATHI
Assistant Professor(SG), Department of Chemistry
Coordinator, Student welfare committee & Student Grievance Redressal Cell

COMMITTEE MEMBERS:
Dr. C. Kavitha, Asst. Professor of Commerce & UBA Coordinator
Dr. A. Vanitha, Assistant Professor of Commerce
Mrs. V. Gayathri, Assistant Professor of English
Dr. D. Selvapandian, Director of Physical Education
Mr. M. Murugan, Assistant Professor of Biotechnology (SFCW)



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The banner features logos at the top, including the college crest, a 50th anniversary emblem, and the Unnat Bharat Abhiyan logo. The text on the banner reads: **SALEM SOWDESWARI COLLEGE (FOR WOMEN)**, Salem 636 010, Tamil Nadu. It mentions the **STUDENT WELFARE COMMITTEE, STUDENT GRIEVANCE REDRESSAL CELL & UNNAT BHARAT ABHIYAN** jointly organizing **AN AWARENESS PROGRAMME ON "Beyond Books: Managing mental Health in College Life"**. The event details are **DATE: 13th FEBRUARY 2025 | VENUE: SEMINAR HALL | TIME: 11.00 AM**. The resource person is **VIYANI VIDYA LEORAJ**, Psychiatric counsellor at Kauvery Hospital, Salem.



Students' Welfare Committee, Students Redressal Cell and Unnat Bharat Abhiyan jointly organized "An Awareness Programme on " Beyond Books: Managing Mental Health In College Life" on 13th February 2025 at Seminar Hall. The programme started around 11.00 A.M. with Tamizhthai Vazhthu. The club coordinator, Ms. S. Valarmathi Assistant Professor of Chemistry



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welcomed the chief guest and gathering in a cheerful way. Our Principal madam gave a felicitation address and The chief guest Viyani Vidya Leoraj, Psychiatric counselor - Kauvery Hospital was honored with a shawl and memento.





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The dias was handed over to our chief guest. She addressed the gathering by stating that - Attending college can be a stressful time for many students. In addition to coping with academic pressure, some students have to deal with the stressful tasks of separation and individuation from their family of origin while some may have to attend to numerous work and family responsibilities. Many college students experience the first onset of mental health and substance use problems or an exacerbation of their symptoms.

She concluded that Mental health problems are prevalent among college students with substance use, anxiety, and depression being the most common. It is critical for mental health providers to develop an extensive knowledge of the prevalence and range of mental health problems occurring among college students and of the various needs of traditional as well as non-traditional college students. College students may receive services from mental health providers inside and outside the campus and the need for communication is critical. Strategies to



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enhance treatment seeking and engagement among college students should be implemented.

The programme wrapped with a vote of thanks followed by national anthem.

WORK DONE BY COMMITTEE MEMBERS

S.N	Faculty Name	Responsibility
1.	Ms. S. Valarmathi Assistant Professor of Chemistry.	Overall arrangement of the programme and welcome address
2.	Dr. A Vanitha - Assistant Professor of Commerce	Invitation preparation and chief guest introduction
3.	Dr. C. Kavitha - Assistant Professor of Commerce	Banner preparation
4.	Dr. D. Selvapandian - Physical Director	Arrangement for Resource person and hall arrangement
5.	Mrs.V.Gayathri - Assistant Professor of English	Vote of thanks



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CLEANLINESS

DUTY ALLOTMENT FOR THE YEAR 2024-25

The following members of the Students Welfare Committee are hereby allotted to maintain the cleanliness and sanitation in the college campus for the Even Semester 2024-25.

S.NO.	Staff Incharge	Duties and Responsibilities
1.	Mrs. S. Valarmathi Assistant Professor of Chemistry. (Overall incharge)	<ul style="list-style-type: none">● To ensure the cleanliness of the classrooms, corridor, toilets and other common areas.● To ensure the provision of dustbins in all the classrooms.● To ensure the cleanliness of area around the canteen.● To give suitable instruction to the students and also contributes towards maintenance of cleanliness.● To supervise once in a day in the allotted places and to ensure cleanliness.
2.	Dr. C. Kavitha - Assistant Professor of Commerce (i) Economics Department block – First floor (ii) I year block – Ground floor	
3.	Dr. A. Vanitha - Assistant Professor of Commerce (i) Commerce Department block (ii) Waiting Hall	
4.	Mrs.V.Gayathri - Assistant Professor of English (i) Statistics Department block (ii) English Department block	
5.	Dr. D. Selvapandian - Physical Director - overall Canteen.	
