



## SALEM SOWDESWARI COLLEGE (FOR WOMEN)

SALEM - 636010

YOUTH RED CROSS 2023-2024

### COMMITTEE MEMBERS:

**Dr.T.Poongodi** - Chairman & Coordinator

### SFCW

**Mr.S.Kumar** - Overall Incharge  
**Mrs.A.Priyanka (Com)** - Member  
**Mrs.B.Sandhiya** - Member

### MAINTAINING REPORT :

**Dr. T. Poongodi**

### Objectives:

1. To develop leadership quality among the students
2. To inculcate in the youth of our students
3. To conduct social and health awareness programmes
4. To offer first aid training to all the YRC volunteers
5. To understand and acceptance of civic and human responsibilities

YOUTH RED CROSS activities are conducted so far

- Social Health awareness Programme at Ammapettai, Salem District
- Awareness programme on DRUG abuse in SSC at college auditorium.
- Independence day celebration
- Linking Voter id with Aadhar programme in SSC, College auditorium.
- Health Awareness Programme for college students in SSC, College auditorium.
- Periyar vasipom ProgrammeSSC, College campus
- Social justice day programme at SSC Campus.
- Blood donation camp in SSC auditorium.



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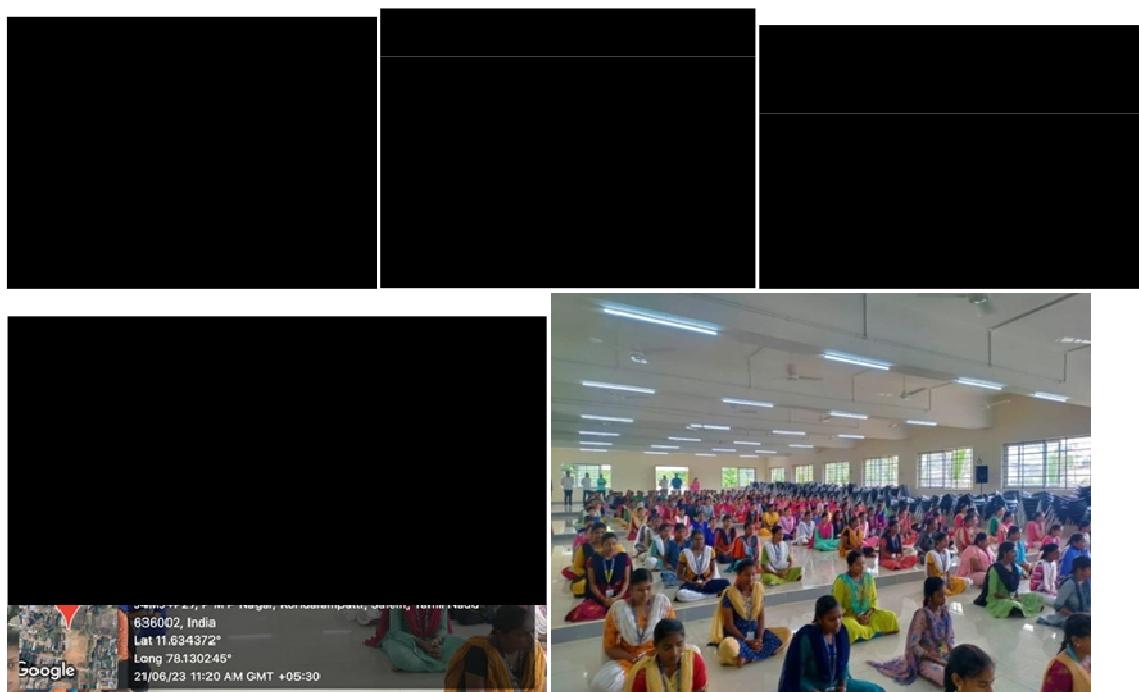
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### EVENT NO. 1: INTERNATIONAL YOGA DAY CELEBRATIONS

DATE: 21.06.2023



To celebrate the International Yoga Day our College NSS units have jointly organized with Yoga Club, YRC and RRC, a program in connection to regular activities. On 21.06.2023 about 150 students attended the training conducted by the Yoga teachers have gracefully and gently trained the students and explained the importance of Yoga among Young minds. Initiated to perform and practice it to keep the mind and body healthy.

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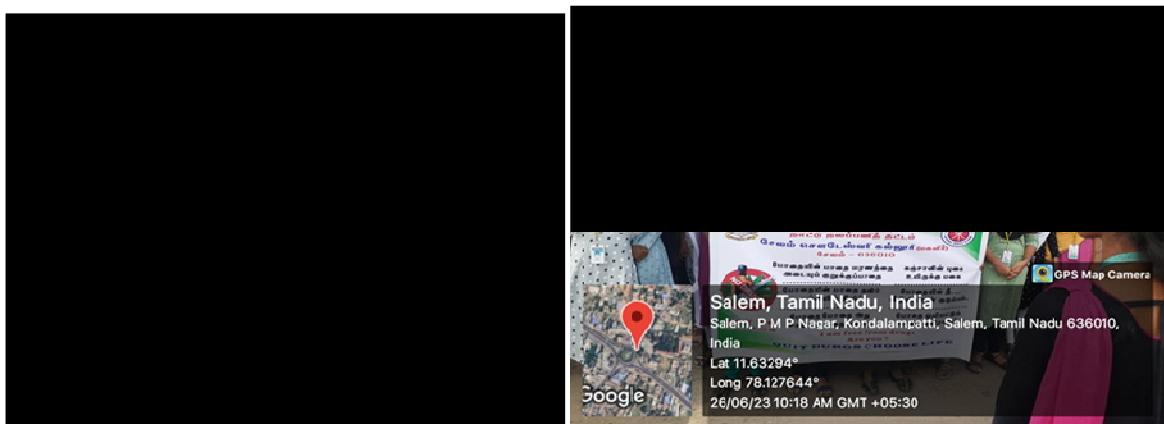
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### EVENT NO. 2: INTERNATIONAL DAY AGAINST DRUG ABUSE AWARENESS PROGRAMME

DATE: 26.06.2023



On the forenoon of 26.06.2023, the YRC Volunteers of our college students have created an awareness among the public by shouting slogans against drug abuse .

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**EVENT NO : 3 YRC ORIENTATION PROGRAMME**

**DATE : 27.07.2023**

YRC organised a Orientation programme to the students of Salem Sowdeswari College.

The meeting points includes

- To develop leadership quality among the students
- To inculcate in the youth of our students
- To conduct social and health awareness programmes
- To offer first aid training to all the YRC volunteers
- To understand and acceptance of civic and human responsibilities



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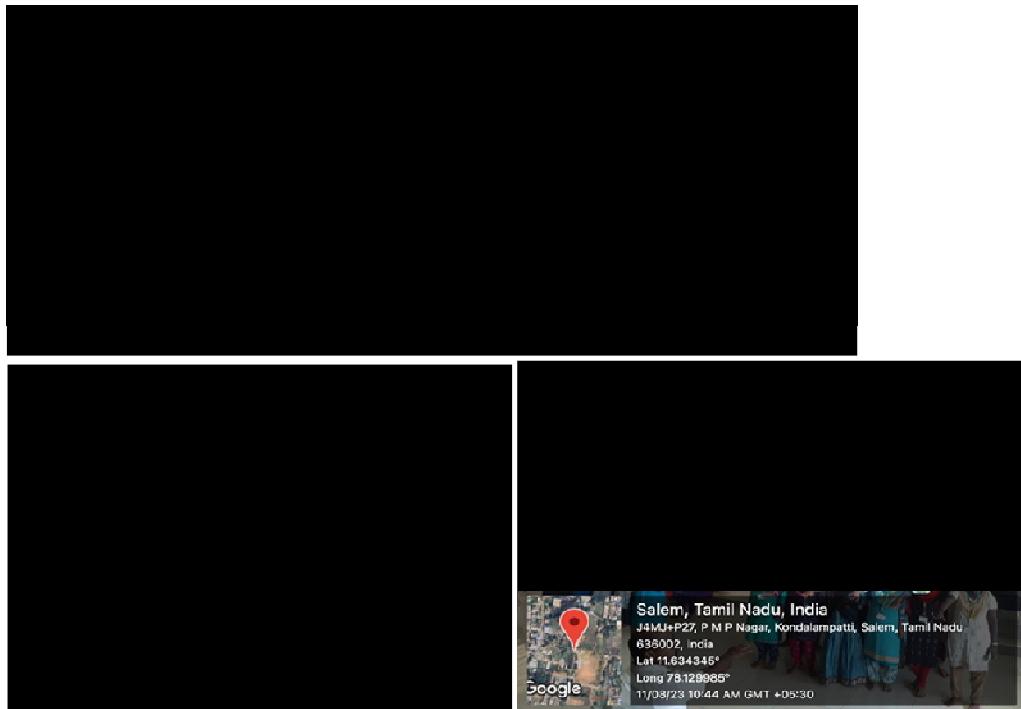
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### EVENT NO. 4: DRUG FREE TAMILNADU AWARENESS PROGRAMME

DATE: 11.08.2023



YRC organized the programme of Awareness amongst students on the ill effect of drug addiction, in this event our college principal is highlighting the ill effect of drug abuse and its future consequences, a pledge against drug addiction was also taken at the event.

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### EVENT NO. 5: INDEPENDENCE DAY CELEBRATION

**DATE: 15.08.2023**

Salem Sowdeswari College (for Women), celebrated Independence day on 15th August 2023. The campus was beautifully decorated with flags and balloons to commemorate the day. All the teaching, non-teaching staff gathered in the college premises at 8.15 a.m. The programme started at 8.30am followed by a prayer. All the members present for the function. After that our principal hoisted the Flag and we sang the flag song and National Anthem together. School student gave a brief introduction of the day. Primary students gave 3 inspiring speeches in Tamil and English. A cultural programme was also held in the same campus, school where students of all primary classes participated. Some students performed a patriotic song, some performed a patriotic dance, and some dressed up as freedom fighters and played their roles. There were some parents who attended the whole programme along with their children. The vote of thanks was given by faculty. Sweets were distributed among all the students. The programme ended by 9.20 a.m. YRC took part in this programme.



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### EVENT NO. 6: CAMPUS CLEANING ACTIVITY

DATE: 28.08.2023



YRC Volunteers planted coconut saplings at the side of a college hostel. Nearly eight saplings of coconut trees were planted in the college campus. The Tree plantation and cleaning of the campus in and around the college, our volunteers energetically participated in this event.

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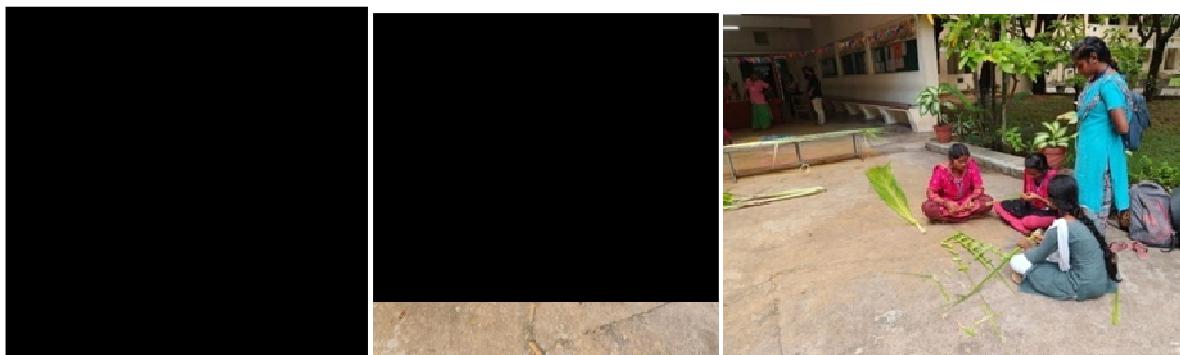
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**EVENT NO :7 AYUTHA POOJA PROGRAMME**

**DATE : 12.09.2023 and 13.09.2023**

Various celebrations will be conducted in our college campus. On 13.09.2023, Salem Sowdeswari college conducted Ayutha Pooja celebbration. YRC volunteers took charge and contributed their involvement in various activities during the celebration of the pooja celebration.



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### EVENT NO. 8 : EYE CHECK-UP CAMP

DATE : 10.10.2023

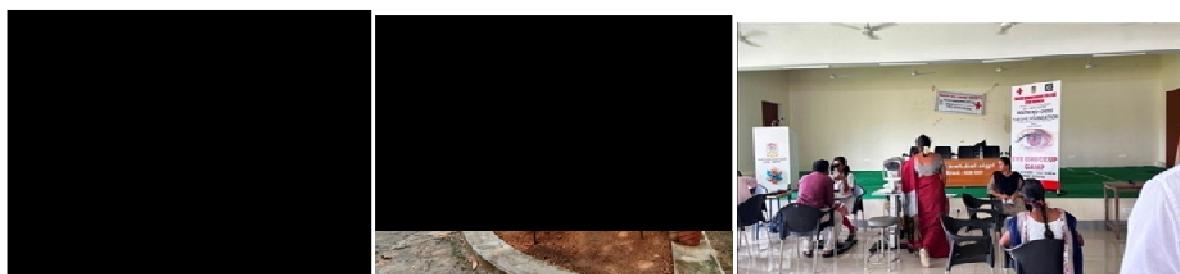
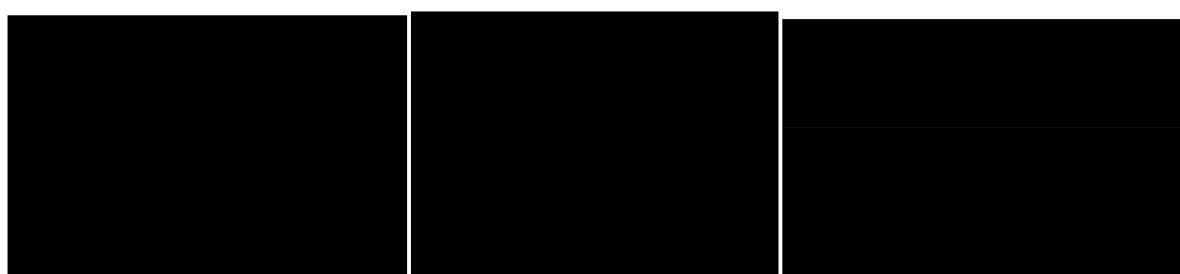
Location: Sowdeswari College Auditorium

Organized by: YRC (Youth Red Cross) in association with Eye Foundation, Salem

Beneficiaries: All girl students and faculty members of Sowdeswari College

To provide free eye checkup and promote eye health awareness among the beneficiaries.

The eye checkup camp was a huge success, and we appreciate the support of YRC, Eye Foundation, and Sowdeswari College. We look forward to organizing more such events in the future.

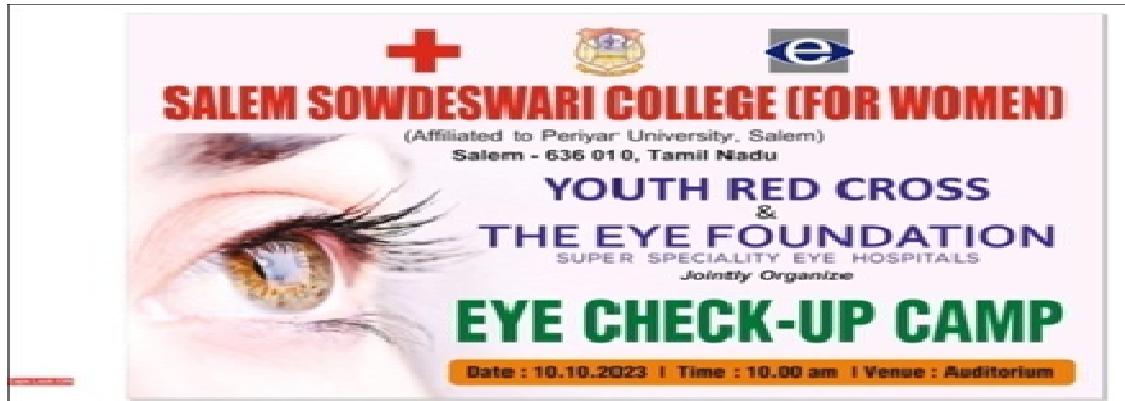




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The poster features a large image of a human eye on the left. At the top, there is a red cross symbol, the college's crest, and an eye icon. The text "SALEM SOWDESWARI COLLEGE (FOR WOMEN)" is prominently displayed in red. Below it, in smaller text, is "(Affiliated to Periyar University, Salem)" and "Salem - 636 010, Tamil Nadu". To the right of the eye, the text "YOUTH RED CROSS" and "& THE EYE FOUNDATION" is written, with "SUPER SPECIALITY EYE HOSPITALS" and "Jointly Organized" underneath. The main title "EYE CHECK-UP CAMP" is in large green capital letters. At the bottom, a yellow banner contains the text "Date : 10.10.2023 | Time : 10.00 am | Venue : Auditorium".

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### **EVENT NO: 9 ENVIRONMENTAL AWARENESS PROGRAMME**

**DATE : 19.10.2023**

Venue : Collectorate, Salem

Organized by: Youth Red Cross (YRC) Volunteers and Programme Officer

Objective: To create awareness among college students about climate change, mission, and disaster management.

1. The programme was attended by [insert number] college students from Salem Sowdeswari College.
2. The YRC volunteers and Programme Officer delivered informative sessions on climate change, its impacts, and the importance of disaster management.
3. The students actively participated in the discussions and showed keen interest in learning about environmental conservation.
4. The programme helped create awareness among the students about their role in mitigating climate change and promoting sustainable practices.

The environmental awareness programme was a success, and we appreciate the support of the Collectorate, Salem, and the YRC volunteers. We look forward to organizing more such programmes to promote environmental awareness and sustainability among the youth.

Recommendations:

1. Conduct regular environmental awareness programmes in colleges and schools.



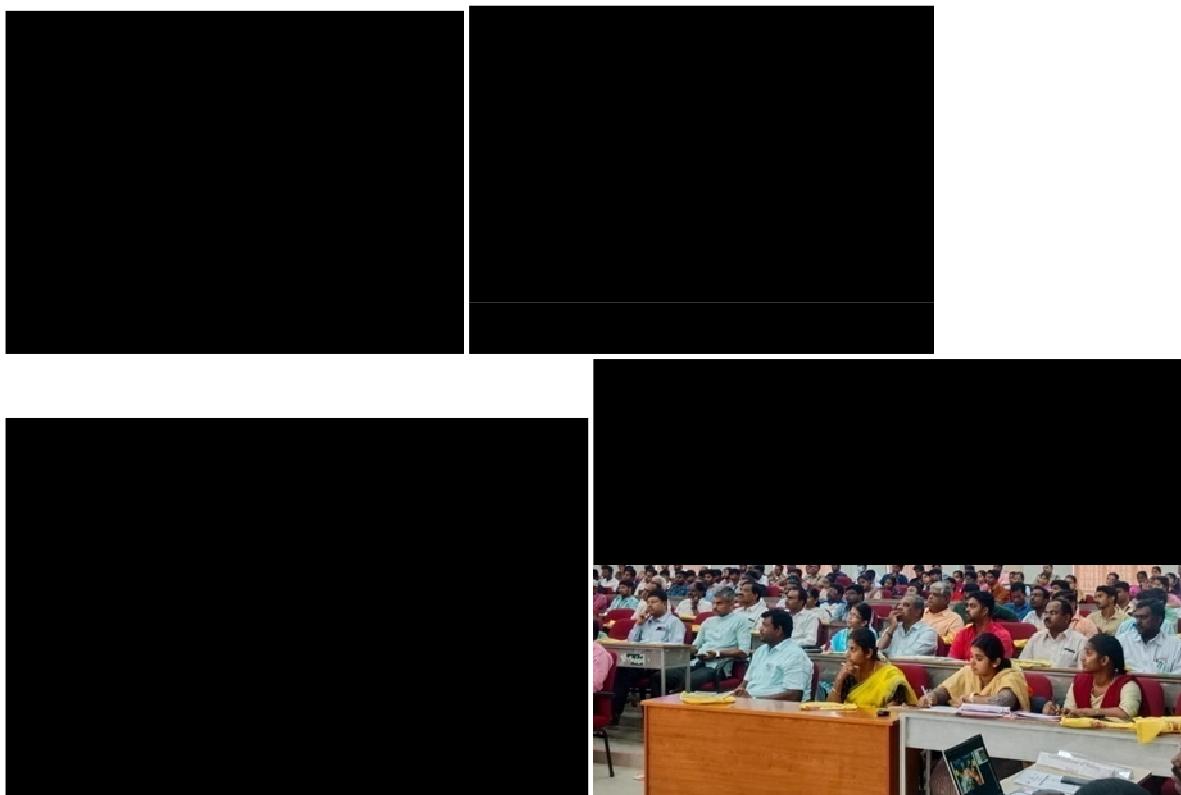
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2. Collaborate with local organizations and government agencies to promote environmental conservation.

3. Encourage students to participate in environmental initiatives and projects.



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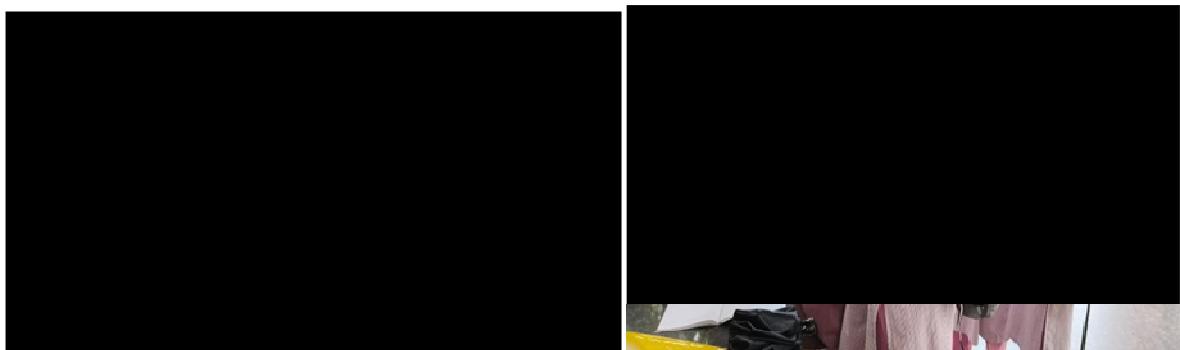
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### EVENT NO : 10 HEALTH AWARENESS PROGRAMME

DATE : 08.12.2023

YRC organised health awareness programme. Camp people from Dharan hospital came and made general checkup, Blood Pressure and sugar for all the students, Staff and NTS. Total 600+ benefitted with this camp.

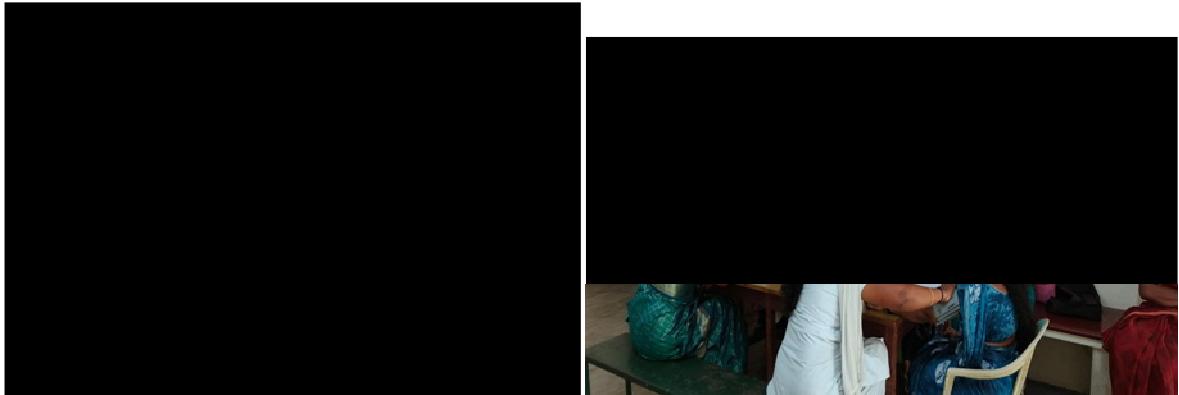




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### EVENT NO.11 : REPUBLIC DAY CELEBRATION

DATE : 26.01.2024

Republic Day was celebrated with grandeur at Salem Sowdeswari College (for Women). The college campus was adorned with pictures of freedom movement heroes and national flags. The entire teaching and non-teaching staff assembled at the college premises by 8:00 a.m. The event commenced at 8:15 a.m. after a prayer. All the faculty members were present for the function. Following this, our principal hoisted the national flag and the flag song and National Anthem were sung collectively. A student provided a brief introduction to the significance of the day, followed by three inspiring speeches delivered in both Tamil and English by students.



A cultural program took place involving students from all primary classes. The students exhibited their talents through various performances: some sang patriotic songs, others Salem Sowdeswari College (for women) Salem - 636010 Youth Red Cross 2023-2024. Performances highlighted the cultural diversity and richness of our nation. The vote of thanks was delivered by a student and sweets were distributed to all the students. The program concluded around 8:15 a.m. YRC actively participated in the event and motivated students to engage in community service and social initiatives, fostering a sense of responsibility and promoting contributions to society. The program was successfully executed. Dr. T. Poongodi, YRC Coordinator, not only coordinated but also actively participated in the event joined by YRC volunteers.

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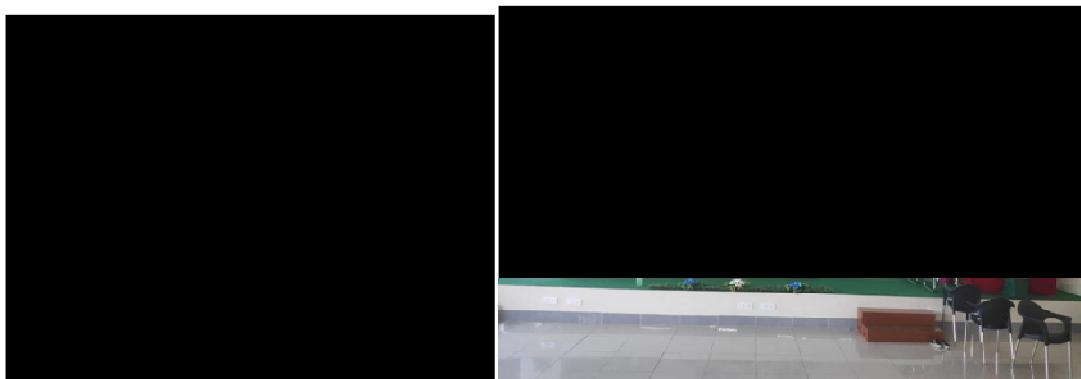
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**EVENT NO. 12: NATIONAL LEVEL ABACUS AND MENTAL ARITHMETIC COMPETITION**

**DATE : 11.02.2024**

YRC and Conducted by ZeMAC Glaboal Edu PVT Ltd jointly organised National level Abacus and mental arithmetic competition in our campus

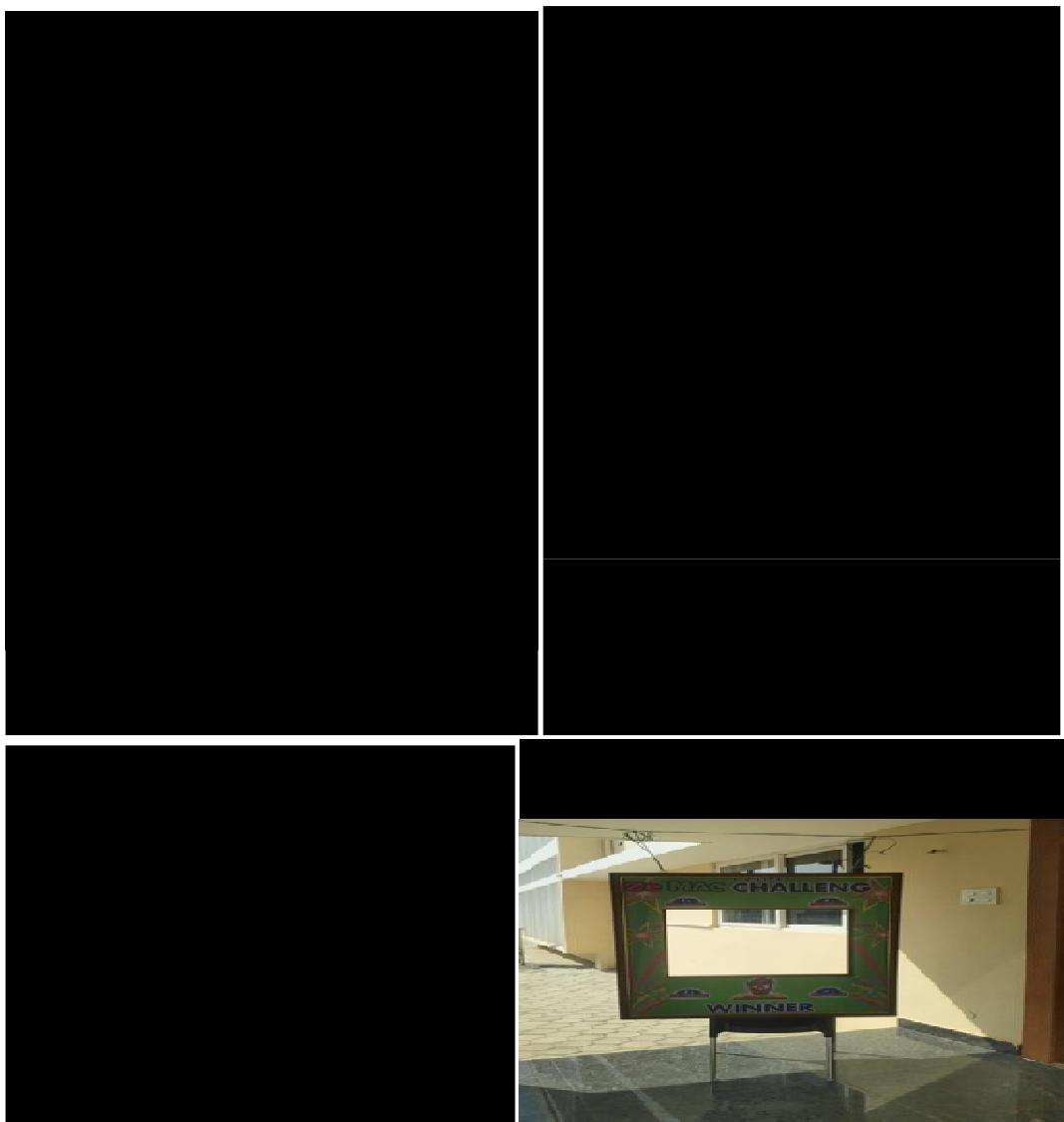




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#### **EVENT NO.13: CANCER AWARENESS PROGRAMME**

**DATE : 16.02.2024**

Conducted by: Youth Red Cross (YRC)

Location: Sowdeswari College, Salem

Participants: All girl students and faculty members of Sowdeswari College

To create awareness about cancer, its causes, symptoms, and prevention among the students and faculty.

- Expert speakers delivered informative sessions on various types of cancer, risk factors, and early detection methods.
- Interactive sessions and Q&A helped clarify doubts and misconceptions about cancer.
- Participants were educated on the importance of healthy lifestyle habits, such as regular exercise, balanced diet, and avoidance of tobacco and alcohol.

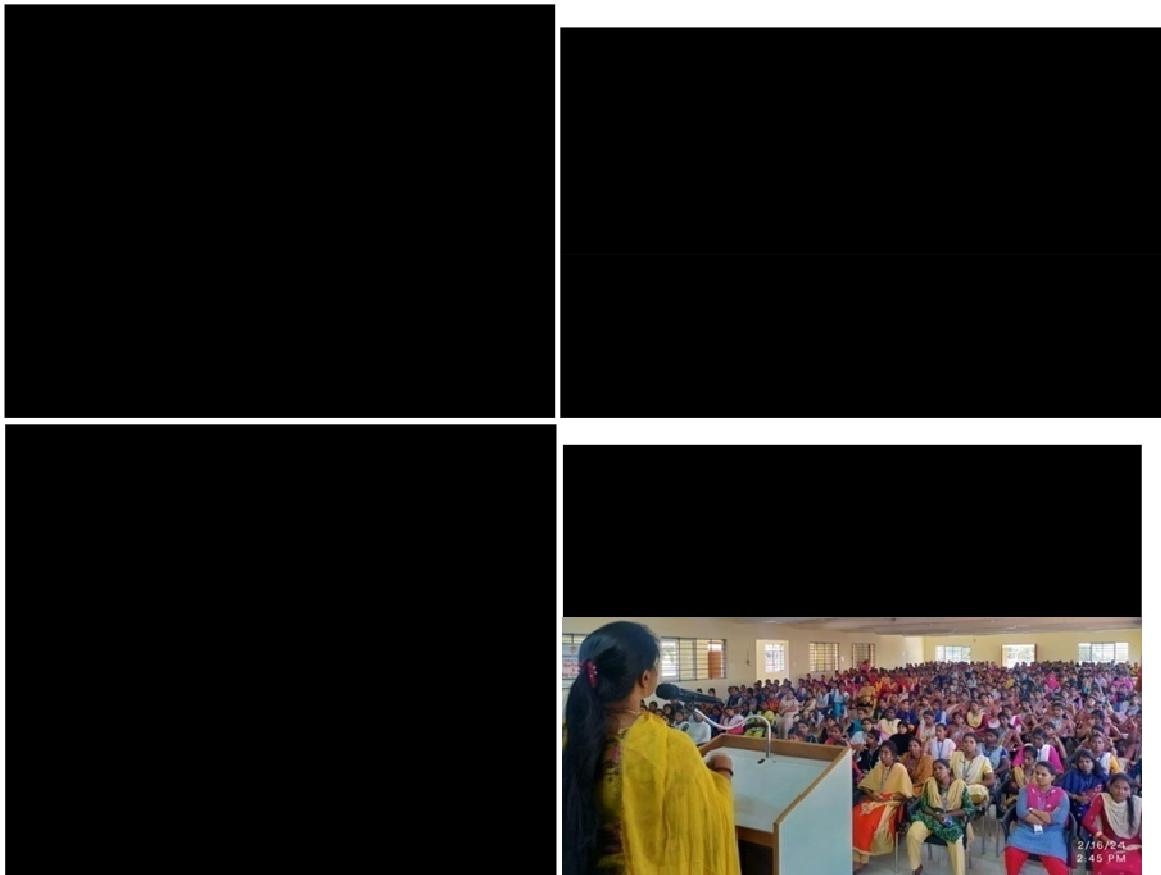
The cancer awareness programme conducted by YRC at Sowdeswari College was a huge success. We appreciate the active participation of the students and faculty, and we hope to continue organizing such programmes to promote cancer awareness and education.



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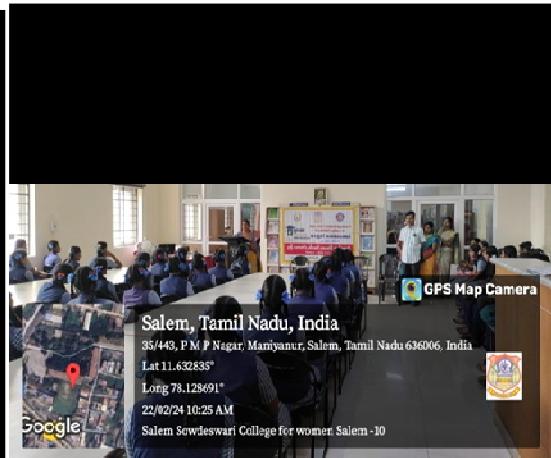
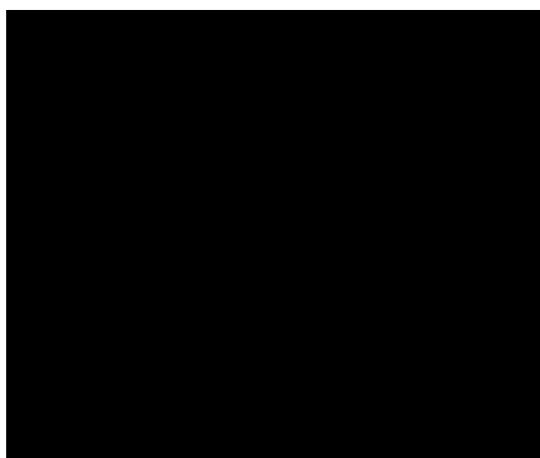
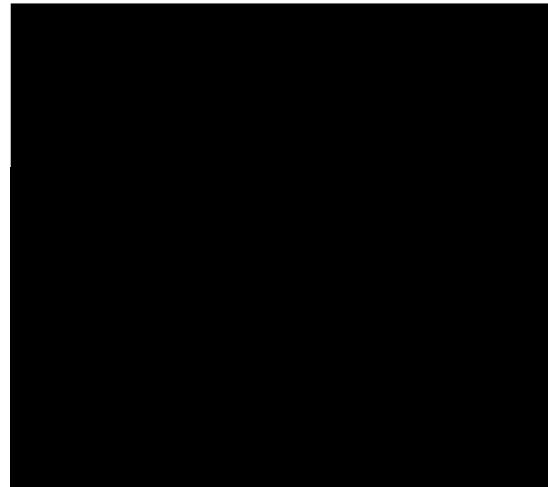
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### EVENT NO.14 : NAANUDHALVAN - KALOORI KALAPAYANAM

DATE : 22.02.2024

Under Naan Mudhalvan Kaloori Kalapayanam conducted in Salem Sowdeswari College. Students from 7 schools visited and benefitted in this event. The YRC volunteers guided and service rendered to the students of 7 schools visited our campus towards "Naan Mudhalvan Higher Education Guidance".



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### EVENT NO.15: AADHAR CARD CORRECTION CAMP

DATE: 19.02.2024 TO 23.02.2024

To avoid the interruption of classes for most of the students who update their aadhar details, a special camp was organised by YRC, Post office and staff from Collectorate helped the students to update their Aadhar details in the campus of Salem Sri Sowdeswari College. Most of the students benefited through this camp organisation.



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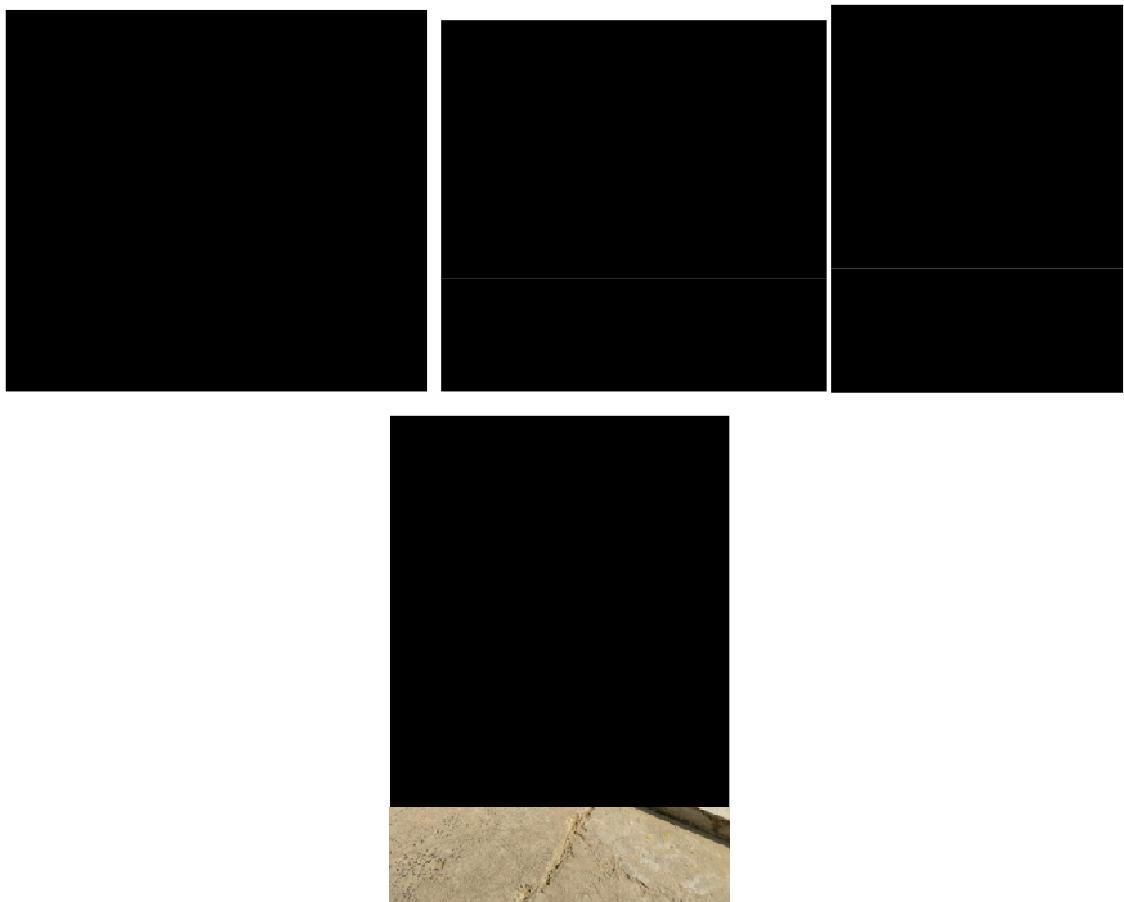
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**EVENT NO. 16: VOTERS' DAY AWARENESS PROGRAMME**

**DATE: 19.03.2024 AND 20.03.2024**



YRC and Election department of Tamil Nadu jointly organised programmes to the students who just completed 18 of their age for the awareness of their rights to Vote. Selfie photos were taken to a continuation of the programme and students were asked to sign in a banner in the intension for their declaration for voting.



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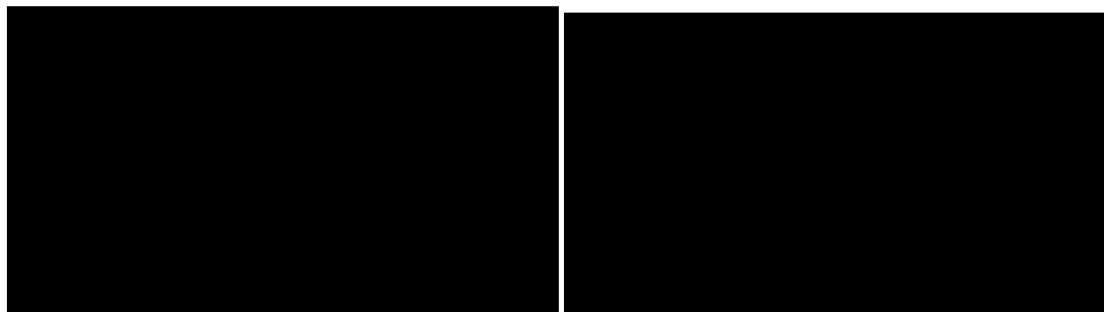
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### EVENT NO : 17 SYSTEMATIC VOTER'S EDUCATION AND ELECTORAL PARTICIPATION PROGRAMME

DATE : 22.03.2024

YRC and Electoral department of Tamilnadu jointly organised a general pledge in our Salem Sri Sowdeswari College Auditorium for Electoral participation. The programme included the brief explanatory of the Systematic Voter's education and all of our students participated in the programme and were aware of the Systematic Voter's system and benefitted.



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